

# **Why are Americans dining out so much?**

Sebastien Buttet and Veronika Dolar

Cleveland State University and University of Minnesota

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  - of men (age 45) increased from 180 to 192 lb
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- Men and women eat on average 300 more calories every day.
- They dine out more frequently. Calories coming from food away from home increased by 118%.
- Relative price of food away from home decreased by 60%.

# Literature Review

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- Technological change and the decrease in food prices
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- Estimates of food price elasticity
  - French, Jeffery, Story et al. (1994, 1997, 2001)
  - Battle Horgen and Brownell (2002)
- Small impact of food prices on weight
  - Chou, Grossman, and Saffer (2004)
  - Schroeter, Lusk, and Tyner (2008)

# Our Work

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- Propose and calibrate a dynamic optimization model of eating decisions to study the impact of changes in food prices and income on eating habits and weight by gender.
- Results:
  - Changes in food prices and income account for over 90 % of the increase in average weight of men and women.
  - Large differences in preferences for food/non-food, food away from home /at home across gender.

# Households

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- Food consumption,

- $c_t^f = (\eta a_t^\rho + (1 - \eta)h_t^\rho)^{\frac{1}{\rho}}$

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- Non-Food consumption,

- $c_t^{nf} = I_t - p_{at}a_t - p_{ht}h_t$

# Preferences

●  $U(c_t^f, c_t^{nf}) = \frac{[(c_t^f)^\alpha (c_t^{nf})^{1-\alpha}]^{1-\sigma} - 1}{1-\sigma}$  with  $\sigma > 0$  and  $\sigma \neq 1$

- $\sigma$  - inter-temporal elasticity of substitution

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- $\tilde{U}(c_t^f, c_t^{nf}) = \begin{cases} U(c_t^f, c_t^{nf}) & \text{if } c_t^f \geq \underline{c}^f \text{ and } c_t^{nf} \geq \underline{c}^{nf} \\ \underline{U} & \text{otherwise} \end{cases}$

- $\underline{c}_t^f$  - subsistence level of food

- $\underline{c}_t^{nf}$  - subsistence level of non-food consumption

- We assume that  $\underline{U} \leq U(\underline{c}^f, \underline{c}^{nf})$ .

# Weight Law of Motion

●  $W_{t+1} = W_t + \lambda(a_t + h_t - c(W_t))$

- $\lambda > 0$  - relates calorie consumption to changes in weight
- $c(W_t)$  - is the calorie requirement to maintain a given weight

# Expected Discount Utility

●  $U(W_1) =$

$$c_1^{nf} + \mu \log(c_1^f) + \beta(\pi(W_2)(c_2^{nf} + \mu \log(c_2^f)) + (1 - \pi(W_2))\bar{U}) \\ + \beta^2 \pi(W_2)(\pi(W_3)(c_3^{nf} + \mu \log(c_3^f)) + (1 - \pi(W_3))\bar{U}) + \dots$$

- $\pi(W_t)$  is the survival probability given weight  $W_t$
- $\beta \in (0, 1)$  is the pure time discount factor.

# Agent's Maximization Problem

- In the first period, the representative agent chooses a sequence of
  - food consumption
  - non-food consumption
- to maximize the discounted expected utility in period one subject to
  - the budget constraint
  - the weight law of motion
  - non-negativity constraints.

# Stationary Equilibrium

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- All prices and quantities are constant over time so that for every  $t$ :
  - $a_t = a^*$
  - $h_t = h^*$
  - $W_t = W^*$
  - $p_{at} = p_a$
  - $p_{ht} = p_h$
  - $I_t = I$

# Stationary Equilibrium


- The first-order conditions evaluated at the steady state are given by:

- $$\frac{\eta\alpha}{a^*} - \frac{(1-\alpha)p_a}{I-p_a a^* - p_h h^*} = \frac{(1-\eta)\alpha}{h^*} - \frac{(1-\alpha)p_h}{I-p_a a^* - p_h h^*}$$

- $$(U(c^f, c^{nf})(1 - \sigma) + 1) \left( \frac{\eta\alpha}{a^*} - \frac{(1-\alpha)p_a}{I-p_a a^* - p_h h^*} \right) =$$
$$\lambda\beta\pi'(a^* + h^* - c(W^*)) (U(c^f, c^{nf}) - \bar{U})$$

# Calibration

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- $\lambda = \frac{0.1}{365}$

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- For men

- $c(W) = 662 - 9.53 \times \text{Age}[y] + \text{Activity} \times (7.23 \times \text{Weight}[lb] + 13.706 \times \text{Height}[in])$

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- For women

- $c(W) = 356 - 6.91 \times \text{Age}[y] + \text{Activity} \times (4.25 \times \text{Weight}[lb] + 18.44 \times \text{Height}[in])$

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- $c(W) = 356 - 6.91 \times Age[y] + Activity \times (4.25 \times Weight[lb] + 18.44 \times Height[in])$

- Activity

- 1 = sedentary
- 1.12 = low active
- 1.27 = active
- 1.45 = very active

# Probability of Survival and Hazard Rate

Estimate the hazard ratio  $hr(W_t)$

| Hazard Rate | BMI  |
|-------------|------|
| 1.30        | 14.2 |
| 1.12        | 16.5 |
| 1.00        | 20.5 |
| 1.03        | 25.5 |
| 1.24        | 30.5 |
| 1.49        | 34.5 |
| 1.98        | 36.7 |

$$BMI = 703 \times \frac{weight[lb]}{height^2[in]}$$

Survival Probability:  $\pi(W_t) = 1 - \pi_a \times hr(W_t)$

$\pi_a = 0.01$  is death probability at age 45

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  - $\bar{U} = 0.805$ . This implies  $\eta = 0.234533$  and  $\alpha = 0.157$  for men.
  - $\bar{U} = 0.805$ . This implies  $\eta = 0.285985$  and  $\alpha = 0.106$  for women.

# Numerical Experiment

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- Study two subgroups: men and women age 45.

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- Study two subgroups: men and women age 45.

|           | 1977                  | 1995                  | % Change |
|-----------|-----------------------|-----------------------|----------|
| $p_h$     | $2.34 \times 10^{-3}$ | $2.14 \times 10^{-3}$ | -9       |
| $p_a$     | $4.69 \times 10^{-3}$ | $2.73 \times 10^{-3}$ | -42      |
| $p_h/p_a$ | 0.5                   | 0.8                   | +59      |
| $I$       | 82.28                 | 93.07                 | +13      |

# Model Prediction

Men:

Age = 45, Weight = 179.7lb, Height = 69.3", low activity

|         | 1977  | $\Delta p_a$ | $\Delta p_h$ | $\Delta I$ | All |
|---------|-------|--------------|--------------|------------|-----|
| $a^*$   | 551   |              |              |            |     |
| $h^*$   | 2202  |              |              |            |     |
| $W^*$   | 179.7 |              |              |            |     |
| $BMI^*$ | 26.3  |              |              |            |     |

Data: In 1995 Men: Weight = 191.7 lb and BMI = 27.8.

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| $a^*$   | 551   | 727          |              |            |     |
| $h^*$   | 2202  | 2074         |              |            |     |
| $W^*$   | 179.7 | 185.5        |              |            |     |
| $BMI^*$ | 26.3  | 27.1         |              |            |     |

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| $h^*$   | 2202  | 2074         | 2234         |            |     |
| $W^*$   | 179.7 | 185.5        | 182.3        |            |     |
| $BMI^*$ | 26.3  | 27.1         | 26.6         |            |     |

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|---------|-------|--------------|--------------|------------|-----|
| $a^*$   | 551   | 727          | 541          | 573        |     |
| $h^*$   | 2202  | 2074         | 2234         | 2188       |     |
| $W^*$   | 179.7 | 185.5        | 182.3        | 180.6      |     |
| $BMI^*$ | 26.3  | 27.1         | 26.6         | 26.4       |     |

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|---------|-------|--------------|--------------|------------|-------|
| $a^*$   | 551   | 727          | 541          | 573        | 719   |
| $h^*$   | 2202  | 2074         | 2234         | 2188       | 2100  |
| $W^*$   | 179.7 | 185.5        | 182.3        | 180.6      | 187.7 |
| $BMI^*$ | 26.3  | 27.1         | 26.6         | 26.4       | 27.4  |

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# Model Prediction

Women:

Age = 45, Weight = 148.8lb, Height = 63.9", low activity

|         | 1977  | $\Delta p_a$ | $\Delta p_h$ | $\Delta I$ | All |
|---------|-------|--------------|--------------|------------|-----|
| $a^*$   | 415   |              |              |            |     |
| $h^*$   | 1658  |              |              |            |     |
| $W^*$   | 148.6 |              |              |            |     |
| $BMI^*$ | 25.6  |              |              |            |     |

Data: In 1995 Women: Weight = 162.9 lb and BMI = 27.4.

# Model Prediction

Women:

Age = 45, Weight = 148.8lb, Height = 63.9", low activity

|         | 1977  | $\Delta p_a$ | $\Delta p_h$ | $\Delta I$ | All |
|---------|-------|--------------|--------------|------------|-----|
| $a^*$   | 415   | 565          |              |            |     |
| $h^*$   | 1658  | 1539         |              |            |     |
| $W^*$   | 148.6 | 154.3        |              |            |     |
| $BMI^*$ | 25.6  | 26.4         |              |            |     |

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| $a^*$   | 415   | 565          | 407          |            |     |
| $h^*$   | 1658  | 1539         | 1687         |            |     |
| $W^*$   | 148.6 | 154.3        | 152.1        |            |     |
| $BMI^*$ | 25.6  | 26.4         | 26.0         |            |     |

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|         | 1977  | $\Delta p_a$ | $\Delta p_h$ | $\Delta I$ | All |
|---------|-------|--------------|--------------|------------|-----|
| $a^*$   | 415   | 565          | 407          | 434        |     |
| $h^*$   | 1658  | 1539         | 1687         | 1655       |     |
| $W^*$   | 148.6 | 154.3        | 152.1        | 151.2      |     |
| $BMI^*$ | 25.6  | 26.4         | 26.0         | 25.9       |     |

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|---------|-------|--------------|--------------|------------|-------|
| $a^*$   | 415   | 565          | 407          | 434        | 556.5 |
| $h^*$   | 1658  | 1539         | 1687         | 1655       | 1561  |
| $W^*$   | 148.6 | 154.3        | 152.1        | 151.2      | 157.2 |
| $BMI^*$ | 25.6  | 26.4         | 26.0         | 25.9       | 26.9  |

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- Our model predicts that the share of income on food goes from 9.4% to 6.9%.
- The share of “food income” spent on food away from home was 30.6% in 1977 and 39.6% in 1995.
- In our model the share on “food income” spent on food away from home declines from 33% to 31%.

# Future Work

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- Derive optimal public health policy (sin tax) in a model with heterogenous agents.
- Explore the impact of food prices and income in a model where agents have time-inconsistent preferences.