CNS 629 – Community Agency Counseling
3 Semester Credit Hours
Fall, 2008: Wednesdays from 4:30-7:20pm: MC 307B

Instructor Information
Instructor: Dilani Perera-Diltz, Ph.D., PCC-s, LICDC, LPSC
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Office Number: RT 1412
Phone: 216-523-7117
Office Hours: To be announced

Knowledge Base
This course follows the NCATE model of the community agency counselor as facilitator of healthy development and adaptive functioning in emotional, social, and career domains

CSU Graduate Catalogue Course Description
This course will provide a historical development of the community mental health movement; analysis of current trends, practices, and issues in mental health service delivery.

Prerequisites: None

Course Objectives: (These course objectives meet the CACREP Standards found in the 2009 CACREP Accreditation Standards and Procedures Manual that can be found at www.cacrep.org)
At the end of this course, students will be able to:
- Discuss the historical development and philosophy of the counseling profession (Sec.II.G.1.a; CMHC.A.1)
- Discuss the theoretical foundations and major theories employed in counseling (Sec.II.G.3.a & b; Sec.II.G.5.d & e)
- Describe employment settings and the professional roles of a counselor (CMHC.A.3)
- Discuss the importance of relationships between the counselor and other mental health professionals working in agencies (Sec.II.G.1.b)
- Discuss the management (i.e., administration, finance, accountability, disaster management plan, etc.) of mental health agencies and programs (Sec II.G.1.c; CMHC.A.8 & 10)
- Identify three personal and professional development strategies (Sec.II.G.1.d)
- Identify the professional organizations related to counseling (Sec.II.G.1.f; CMHC.A.4)
- Describe the credentialing requirements for counselor licensure (Sec.II.G.1.g)
- Discuss the range of mental health service delivery, such as inpatient, out-patient, partial treatment and aftercare, and the mental health counseling services network (CMHC.C.6)
• Discuss principles, models and documentation formats of case conceptualization and treatment planning (CMHC.C.7)
• Discuss two ways in which the counselor can advocate for the profession and the client (Sec.II.G.1.f, h & i; Sec.II.G.2.f; CMHC A.4; CMHC.E.4)
• Discuss the counselors’ roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body (Sec.II.G.2.e; CMHC.E.5)
• Discuss the code of ethics governing the conduct of counselors (Sec.II.G.1.j; CMHC.A.2)
• Discuss issues and debates on counseling as a profession (CMHC.A.7; C.9)

Required Text

Recommended Texts

Methods of Instruction
Instruction will include reading, classroom discussion, and other assignments.

Course Assignments
*Format & Guidelines for Assignments*
Assignments will be evaluated on your ability to demonstrate a grasp of the subject matter and an ability to synthesize and apply the information presented in readings, lectures, class discussions, and activities. Your projects will be evaluated and graded according to the following criteria:

- **Due date:** In fairness to students who meet the deadlines, papers turned in late will receive a reduced grade. A late assignment will not receive an A.
- **Form:** All assignments should follow *APA style* (5th ed.). They should be typed, doubled-spaced, 1-inch margins, 12 pt., and Times Roman font. It is recommended that you keep copies of all assignments. One point will be deducted for each non-compliant format (No Exceptions).
- **Grammar:** Proofread your paper for spelling, syntax, sentence construction, and typing errors. Points will be deducted for papers that are not grammatically correct and have excessive mistakes. If writing problems continue, you maybe asked to submit your assignments through the writing center located at [http://mycsu.csuohio.edu](http://mycsu.csuohio.edu).
- **Quality:** Papers must reflect quality writing skills, creativity, clarity, and depth of thinking.
- **Plagiarism:** If you copy something or rephrase someone’s ideas, you must cite your source to give the original author credit. If you are using someone’s words as your own, you are committing plagiarism and may receive a failing grade (see CSU graduate handbook at [http://mycsu.csuohio.edu](http://mycsu.csuohio.edu)).

Details of Course Assignments
NOTE: All written assignments are due to the instructor on the date specified in the Tentative Class Schedule. There is no extra credit available for this course. Five points will be deducted for poor grammar and spelling errors. Please proof read prior to submitting an assignment.

Assignment #1: Class participation (28 points) Attendance will be noted at the beginning of the class. Participation includes: a. demonstrating knowledge and mastery of assigned readings; b. responses that contribute to the learning of the class members; and c. being open to personal reflection and learning. Students will receive points for actively and appropriately participating in class. Students are permitted two absences without penalty.

Assignment #2: Grid of schedule of classes for you (10 points). Please check the information available at the Counselor Education website (www.csuohio.edu/cehs) and complete the grid of classes that would facilitate you graduating in a timely manner. Please include all courses required for the degree. Place an asterisk next to those classes that meet your licensing requirements (Sec.II.G.1.g; CMHC.A.4). Hint: Use the two year planner.

Assignment #3: Write a letter to advocate for the profession (10 points). There are requests for such letters in the Counseling Today Newspaper and the ACA Web site @ www.counseling.org . Please remember to use proper letter writing skills. (Sec.II.G.1.h &.i)

Assignment #4: Interview a community agency counselor (15 points). Some suggested questions for the interview are provided below. Submit a brief summary (1-2 pages) of the results of your interview including what you learned from the interview. (Sec.II.G.1.b; CMHC.A.3 & 4)

- What, where, and when was your graduate training?
- Was it CACREP accredited?
- What are the rewards of being a counselor? OR What do you like about the profession?
- What do you believe is the biggest challenge a counselor faces in an agency setting?
- What do you believe about counseling as a profession? Where do you see it headed?
- How do you manage professional and personal growth and health?

Assignment #5:

a. Profile an agency (20 points). You may gather information from brochures, interviews, and/or calling the agency. You must to sign up an agency with the instructor to avoid duplication. Your profile should include at least the following: (1). Funding; (2). Credentials of employees; (3). Affiliations and accreditation of the agency; (4). Population served; (5). Programs offered; (6). Average caseload of counselors;
- (7). Hours of operation; and (8). Disaster management plan. (Sec II.G.1.c; CMHC.A.8 & 10)

b. Presentation (5 points). Make a power-point presentation of your agency profile to your class.
Assignment #6: Paper (12 points) Write a paper (5 pages maximum) including the following subheadings: 1. How and where you see yourself fit into the counseling as a career; 2. How you plan to engage in personal (emotional, physical, and spiritual) wellbeing including preventing burnout; and 3. How you plan to engage in professional development (staying current with information). APA 5th edition style is required if citing primary or secondary sources. (Sec.II.G.1.d)

These 6 assignments add up to a total of 100 points.

Grading Scale
A = 100-95;   A- = 94-90;   B+ = 89-87;   B = 86-83;   B- = 82-80;   C = 79-70;   F = Below 70

Classroom Policies
Communication
Students will receive a response within 24 hours with the exception of weekends. Emails will have quicker responses than phone. Students must have a working “CSU” email address. It is assumed that you check your CSU assigned email. If you use a different email, please direct your CSU email to that account. You can forward your CSU email to your personal email through CampusNet which is located on the http://mycsu.csuohio.edu Web page.

Disability Statement
Educational access is the provision of classroom accommodations, auxiliary aids, and services to ensure equal educational opportunities for all students regardless of their disability. Any student who feels he or she may need an accommodation based on the impact of a disability should contact the Office of Disability Services at (216)687-2015. The Office is located in MC 147. Accommodations need to be requested in advance and will not be granted retroactively.

Academic Misconduct
The University Policy on Academic Misconduct exists to resolve problems such as plagiarism, cheating on examinations, papers completed by someone other than the registered student, theft, mutilation of library materials, etc. The policy details procedures for resolution of matters of conflict, channels of appeal, and penalties imposed, and can be found in the Cleveland State University Student Handbook. Copies are available @ www.csuohio.edu/studentlife or from the Department of Student Life at MC 106. All students are expected to engage in class in a professional manner that is within the code of ethics for school and community agency counseling and within university policy (see student code of conduct @ www.csuohio.edu/studentlife).

Tentative Schedule

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<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Reading</th>
<th>Assignment Due</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>08/27/08</td>
<td>Introduction</td>
<td></td>
<td>Assign. #1</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topic</td>
<td>Chapters/Assignments</td>
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<td>Week 2</td>
<td>09/03/08</td>
<td>Historical Foundations (Sec.II.G.1.a; CMHC.A.1)</td>
<td>Chapter 1 &amp; 2 Beck, E. S. (1999)</td>
<td>Assign. #1</td>
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</tbody>
</table>
| Week 3 | 09/10/08 | Theoretical Foundations (Sec.II.G.3.a & b; Sec.II.G.5.d & e) | Chapter 3 & 4 DeAngelis, T. (2005)  
| Week 4 | 09/17/08 | Counselor Education (Sec.II.G.1.g; CMHC.A.4) | Chapter 5 Remley, T. P., Jr. (1995)  
Sweeney, T. J. (1995)  
[www.csuohio.edu/cehs](http://www.csuohio.edu/cehs)  
[www.cacrep.org](http://www.cacrep.org)  
[www.cswmft.ohio.gov](http://www.cswmft.ohio.gov) | Assign. #1                           |
| Week 5 | 09/24/08 | Identity (Sec.II.G.1.f) | Bauman, S. (2008).  
[www.counseling.org](http://www.counseling.org)  
[www.ohiocounseling.org](http://www.ohiocounseling.org)  
[www.amhca.org](http://www.amhca.org)  
[www.ohmhca.org](http://www.ohmhca.org) | Assign. #1  
Assign. #2                           |
| Week 6 | 10/01/08 | Advocacy (Sec.II.G.1.f, h & i; Sec.II.G.2.f; CMHC A.4; CMHC.E.4) | Eriksen, K. (1999).  
Myers, J. E., & Sweeney, T. J. (2004). | Assign. #1                           |
| Week 7 | 10/08/08 | Types of programs, Types of agencies Sec.II.G.1.b & c; CMHC.A.3 & 7; C.6 | Chapter 6 Myers, J. E. (1995). | Assign. #1  
Assign. #3                           |
| Week 8 | 10/15/08 | Documentation & Accountability (CMHC.C.7) | Chapter 7 [www.mh.state.oh.us](http://www.mh.state.oh.us)  
[http://www.tresearch.org/resources/instruments.htm](http://www.tresearch.org/resources/instruments.htm) | Assign. #1                           |
| Week 9 | 10/22/08 | Multiculturalism (Sec.II.G.1.i& j; Sec.II.G.2.e; CMHC.E.5) | Chapter 8 | Assign. #1                           |
| Week 10 | 10/29/08 | Ethics (Sec.II.G.1.i & j; CMHS.A.2) | Chapter 9 [www.counseling.org](http://www.counseling.org) | Assign. #1                           |
| Week 11 | 11/05/08 | Contemporary Issues(CMHC.A.3 & 6; CMHC.C.10) | Chapter 10 Danziger, P. R., & Welfel, E. R. (2001)  
[http://hsc.house.gov/issues/index](http://hsc.house.gov/issues/index) | Assign. #1  
Assign. #4                           |
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<tr>
<td>Week 14</td>
<td>11/26/08</td>
<td>Profile Presentation</td>
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<td>Assign. #1 &amp; Assign. 5b</td>
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<td>Week 15</td>
<td>12/03/08</td>
<td>Profile Presentation</td>
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<td>Assign. #1 Assign. 5b &amp; 6</td>
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<td>Week 16</td>
<td>12/10/08</td>
<td>Profile Presentation</td>
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<td>Assign. #1 Assign. 5b</td>
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**PLEASE NOTE:** The above schedule and procedures in this course are subject to change in the event of extenuating circumstances.

_Last day to drop 09/05/08_    _Last day to withdraw 10/31/08_