

The Struggle Is Real!

WHAT TO DO WHEN SUPERVISEE PERFORMANCE IS LESS THAN SATISFACTORY

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Disclosures

Financial Disclosures

- This presentation includes discussion about training programs, and I am employed by University of South Carolina to coordinate practicum placements. University of South Carolina paid for my registration for this conference.

Non-Financial Disclosures

- This presentation includes discussion about training programs, and I am employed by University of South Carolina to coordinate practicum placements.

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Frame it up!

We must be fair to our supervisees as we work to train them

We must hold the welfare of our patients paramount to all other concerns

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Being a Gatekeeper

"...infrequent experiences with marginal students seem to be inevitable despite our best efforts of prevention and intervention. Although we have an obligation to provide intervention and support to marginal students, it is important to insure that only qualified and competent professionals enter the workforce and achieve certification" (Shapiro, 2002).

SHAPIRO, D. A., COLLETTRE, S. F., & BROTHERTON, W. D. (2002). GRADUATE STUDENTS WITH MARGINAL ABILITIES IN COMMUNICATION SCIENCES AND DISORDERS: PREVALENCE, PROFILES, AND SOLUTIONS. JOURNAL OF COMMUNICATION DISORDERS, 35(1), 45-54. DOI: 10.1016/S1053-426X(01)00088-8

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ASHA's Supervisory Requirements

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ASHA Requirements For Supervising Students

- ASHA Certification
- Sufficient knowledge and experience to mentor/educate
- Direct supervision appropriate to the level of knowledge/skill level of the student
- At least 25% of the total contact with each client/patient, periodically throughout the practicum
- Supervision adequate to ensure the welfare of the client

STUDENT SUPERVISION PAGE 10.11 RETRIEVED JANUARY 10, 2020 FROM <http://www.asha.org/practicing>

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ASHA Requirements For Supervising CFs

ASHA Certification throughout the entire CF experience (divided into three equal segments)
A *minimum* of 6 hours of direct and 6 hours indirect observation during each segment
Must provide performance feedback to the Clinical Fellow at least once during each segment of the CF using the 2020 Clinical Fellowship Skills Inventory (CFSI) form.
Ensure all skills are observed and evaluated during each segment

A GUIDE TO THE ASHA CLINICAL FELLOWSHIP EXPERIENCE (P.L.D.) RETRIEVED JANUARY 24, 2020, FROM <https://www.asha.org/clinical-fellowship-experience>

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Asha's Additional Requirements For All Supervisors (Effective January 2020)

CCC for at least 9 months
2 hours professional development in the area of supervision after earning CCC

STUDENT SUPERVISION FACTS (P.L.D.) RETRIEVED JANUARY 20, 2020, FROM <https://www.asha.org/clinical-fellowship-experience>

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Best Practice for Supervision

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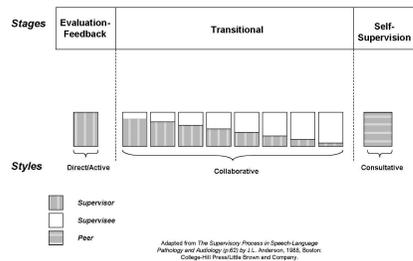
Continuum of Supervision

There are many ways to supervise that are "right"
 Different strategies/styles are appropriate at different points in time
 Factors include needs, skills, viewpoints of supervisor and supervisee, setting
 Supervisor's dominance decreases as supervisee's participation increases
 None of the stages are time-bound
 Place on the continuum may change based on the task/patient/situation/setting

MCCRACKEN, S., & BRASSFIELD, J.A. (2003). THE SUPERVISORY PROCESS IN SPANISH LANGUAGE PATHOLOGY AND AUDIOLOGICAL DIAGNOSIS. PHOENIX: NORTHWESTERN.

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Anderson's Continuum of Supervision



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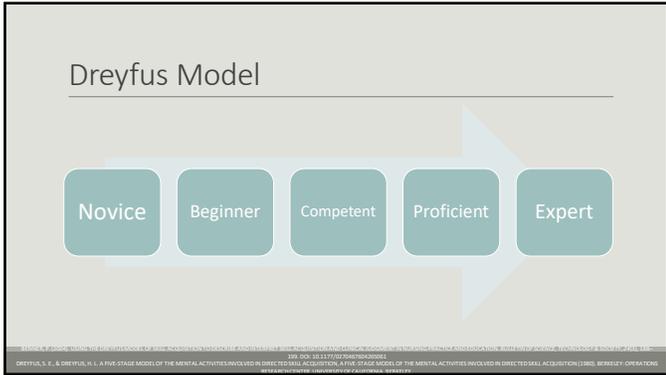
Dreyfus Model of Skill Acquisition

Developmental- based on student performance and experiential learning
 Situational- focus on actual performance in particular situations, compared across time
 Skill- acquired by following abstract/formal rules, while learning through experience
 Learner must:

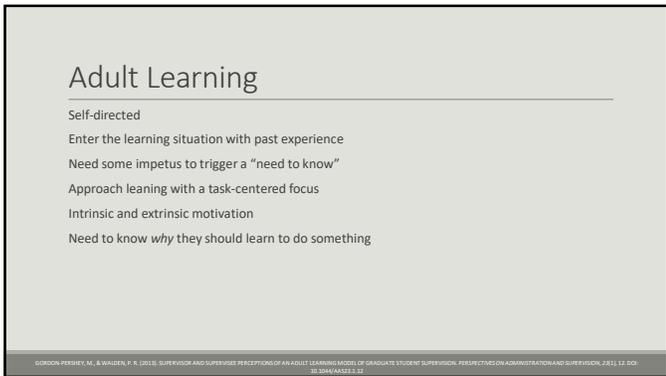
- Be open and responsive to improve over time
- Learn to recognize whole situations in terms of past experiences
- Move from textbook knowledge to experience-based responses

DREYFUS, S.E., & DREYFUS, H.L. A FIVE-STAGE MODEL OF THE MENTAL ACTIVITIES INVOLVED IN DIRECTED SKILL ACQUISITION. A FIVE-STAGE MODEL OF THE MENTAL ACTIVITIES INVOLVED IN DIRECTED SKILL ACQUISITION (1986). BIRMINGHAM OPERATIONS RESEARCH SOCIETY.

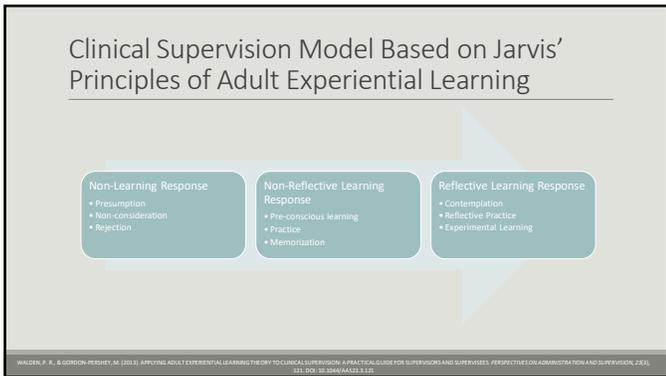
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Expert vs. Novice Supervisors

| Expert | Novice |
|------------------------------|---|
| Positive view of the process | Increased stress |
| Regular feedback | Less consistent feedback |
| Listen before giving advice | Less frequent feedback |
| | More focused on client than on supervisee |

TALAMON, K. L., & COOPERSON, S. (2017). CLINICAL SUPERVISION IN A MEDICAL SETTING: A PRELIMINARY STUDY ABOUT THE PRACTICES AND BELIEFS OF EXPERT AND NOVICE CLINICIAN SUPERVISORS. PERSPECTIVES OF THE ASHA SPEECH AND HEARING SOCIETY, 24(1), 10-16. DOI: 10.1044/1093-4510.12016.1

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Common student errors

- Feedback not specific enough to help clients learn
- Incorrect productions ignored
- Too much time spent on things that don't matter (e.g. coloring, explaining reward system, playing a game)
- Off-task activities

GILLAM, R. B., ROUSSON, C. S., & ANDERSON, J. L. (1998). FACILITATING CHANGES IN SUPERVISEES' CLINICAL BEHAVIORS. JOURNAL OF SPEECH AND HEARING DISORDERS, 55(4), 729-739. DOI: 10.1044/1093-4510.5504.729

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Effects of Interpersonal Relationships

- Successful experience depends heavily on the relationship between supervisee and supervisor
- Relationship should encourage the supervisee to identify strengths, pose questions, communicate concerns, share new ideas/information
- Supervisor should use assessment tools to identify strengths, next steps to develop competence, promote improvement, and encourage self-reflection
- Be clear about expectations/goals on both sides
- Encourage open communication

FREDERICKSON, T., & MADORE, E. (2016). FACTORS OF INFLUENCE IN CLINICAL EDUCATION RELATIONSHIPS. PERSPECTIVES ON ADMINISTRATION AND SUPERVISION, 24(1), 12. DOI: 10.1044/1093-4510.12016.1

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What students and supervisors want

| Students want | Supervisors want |
|---------------|------------------|
| Knowledgeable | Responsible |
| Reliable | Reliable |
| Helpful | Honest |
| Respectful | Caring |

FREDERSON, T., & MOORE, S. (2014). KEY FACTORS OF INFLUENCE IN CLINICAL EDUCATOR RELATIONSHIPS. PERSPECTIVES ON ADMINISTRATION AND SUPERVISION, 26(1), 12. DOI: 10.1084/AASA.1.12

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Productive Conflict in Supervision

Learning how to manage conflict results in a better experience for the supervisor and supervisee

Poor conflict control:

- Decreased learning, damage to relationship
- May start to hide difficulties from supervisors and disregard feedback

Good conflict control:

- Strengthened relationship, better supervision outcomes, professional growth for both sides
- Student more receptive to learning

Cause of conflict- miscommunication; differing expectations, personality types, supervisory/learning styles; insensitive criticisms/disapproving attitudes; supervisee resistance/defensiveness/irresponsibility/anxiety; lack of supervision; organizational dysfunction

NELLS, K. C., HAWKINS, K. L., BEVINS, M., & WAX, S. (2011, OCTOBER). PRODUCTIVE CONFLICT IN SUPERVISION. ACES CONFERENCE, NASHVILLE. RETRIEVED FROM [HTTPS://WWW.COUNSELING.ORG](https://www.counseling.org) -107546-1_2011-ACES-PPS1-ARTICLE_02

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Conflict Control and Managing Conflict

| Conflict Control | Managing conflict |
|---|---|
| <ul style="list-style-type: none"> • Acknowledge that conflict is a natural component of supervisory relationships • Communicate openly about conflict management • Acknowledge/normalize feelings of anxiety about the experience • Set explicit/measurable goals • Provide clear/timely feedback • Receptive/non-defensive demeanor | <ul style="list-style-type: none"> • Proactively address concerns with supervisee • Be mindful of supervisee developmental level, and provide appropriate level of support • Recognize areas of strength and growth • Provide structured, balanced, constructive feedback |

NELLS, K. C., HAWKINS, K. L., BEVINS, M., & WAX, S. (2011, OCTOBER). PRODUCTIVE CONFLICT IN SUPERVISION. ACES CONFERENCE, NASHVILLE. RETRIEVED FROM [HTTPS://WWW.COUNSELING.ORG](https://www.counseling.org) -107546-1_2011-ACES-PPS1-ARTICLE_02

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Effective Feedback

- Be direct and straightforward
 - Specific deadlines
 - Clear instructions
 - Written rules/expectations
- Try to give verbal feedback as soon as possible (immediately following sessions, or at the end of the day).
 - Consider a weekly "debrief"
 - Be specific about what you saw (or didn't)
 - Outline what they need to do differently
- Follow-up with written feedback
 - Official documentation
 - Supervisor log or informal "worksheet"
- Provide guidance for documentation
 - Track edits in documents using "track changes"
 - Utilize templates and "cheat sheets" for forms/reports, when possible
 - Create outlines and agendas for written lesson plans, schedules

DURBIN, G. (2008, MARCH-APRIL). YOUTH MOVEMENT. COMMUNICATION WORLD, 1-4.

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Data-Driven Supervision/Documenting Supervisee Performance

Objective data facilitates understanding and documents supervisee performance/supervisory efforts

Useful tools include

- Rating scales
- Tallying behaviors
- Verbatim recording
- Interaction analysis
- Individually designed methods
- Tools for analysis of behaviors and self-assessment

ANDERSON, J. L. (1988). THE SUPERVISORY PROCESS IN SPEECH LANGUAGE PATHOLOGY AND AUDIOLOGY. AUSTIN, TX: PRO-ED.
SHARPE, G. A. (1996). INTERACTION ANALYSIS AND OTHER STUDY: A SINGLE CASE COMPARISON OF FOUR METHODS OF ANALYSING SUPERVISORY CONFERENCES. LANGUAGE, SPEECH AND HEARING SERVICES IN SCHOOLS, 25, 61-75.

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When Your Supervisee Is Struggling

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What is going on?

- Reasons for poor performance are complex, and are different for each individual
- Nationwide shortage of externship sites
- Increased mental health difficulties, which disrupts learning
- Students who are stressed about income/housing/health do not perform to their potential
- Remediation programs not well researched or standardized
- Students from culturally/linguistically diverse backgrounds may have more difficulties during clinical placements (this has been shown across disciplines)
- Failure to fail

DAVENPORT, B., HEWAT, S., FERGUSON, A., MCALISTER, S., & LINCOLN, M. (2017). STRUGGLE AND FAILURE ON CLINICAL PLACEMENT: A CRITICAL NARRATIVE REVIEW. INTERNATIONAL JOURNAL OF LANGUAGE & COMMUNICATION DISORDERS, 52(2), 224-237. DOI: 10.1017/S0021871817000106

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As soon as you realize there is a problem

- Model the professional/clinical behaviors you need to see
- Communicate with him/her about the issue verbally and in writing
- Begin to maintain written records of all contacts/conferences
- Document the deficits
 - Students: grade performance, contact university administrator
 - Clinical Fellows: document on CFSI form

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What is a marginal student?

- Sustained performance deficits in academic and/or clinical domains
- Disproportionate investment of educational resources
- High risk of failing to achieve competence, despite the time commitment required to teach them
- Deficits in:
 - Conceptual understanding
 - Formulating goals/procedures
 - Following through with suggestions

SHARPO, D. A., GOSFEE, S. T., & BROTHERTON, W. (2002). GRADUATE LEVEL INTERNATIONAL AND INTERCULTURAL COMMUNICATION SCIENCES AND DISORDERS: PREVALENCE, PROFILES, AND SOLUTIONS. JOURNAL OF COMMUNICATION DISORDERS, 35(5), 421-442. DOI: 10.1016/S0021-8718(02)00000-8

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Types of difficulty

- Lack of academic knowledge
- Lack of clinical expertise
- Lack of professionalism

SHAPIRO, D. A., COLETTRE, E. T., & BROTHERTON, W. D. (2002). GRADUATE STUDENTS WITH MARGINAL ABILITIES IN COMMUNICATION SCIENCES AND DISORDERS: PREVALENCE, PROFILES, AND SOLUTIONS. JOURNAL OF COMMUNICATION DISORDERS, 35(5), 441-454. DOI: 10.1016/S1053-4269(02)00054-4

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Characteristics of Marginal Students

- Cannot perform independently in several areas
- Poor clinical and/or academic performance
- Do not recognize weaknesses
- May be unaware their skills are lacking
- Have difficulty accepting responsibility for their actions
- May place blame on another individual (client or supervisor) or circumstance

ZILKA-JONES, E., & WILSON, M. W. (2008). IDENTIFICATION AND REMEDIATION OF AT-RISK STUDENT CLINICIANS IN AUDIOLOGY AND SPEECH-LANGUAGE PATHOLOGY: PERSPECTIVES ON ADMINISTRATION AND SUPERVISION. SLS 11, 24. DOI: 10.1089/ASLS.2008.11.24

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Lack of Awareness

People who are less competent than their peers are often convinced that their skills are above average

The metacognitive skills used to *produce* correct judgement, are the same skills used to *recognize* correct judgement

- Top-quartile participants underestimate their ability/better able to assess their performance and the performance of their peers
- Bottom-quartile participants:
 - Inflated estimates of their performance
 - Did not gain insight by observing superior behavior of peers
 - Often attribute poor performance to an outside cause
 - Most pronounced when facing difficult tasks for which they do not have requisite knowledge

BRUCK, J., & DUBINSKI, D. (2005). UNABLE AND UNWILLY OR? HOW DIFFICULT ARE COGNITIVE TASKS IN COGNITIVE TASKS TO SELF-ASSESSMENT. JOURNAL OF PERSONALITY AND SOCIAL PSYCHOLOGY, 79(6), 1122-1134. DOI: 10.1037/0022-3816.79.6.1122

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Supporting Marginal Students

Some supervisors do not provide negative feedback because they are concerned about the supervisee's reaction, especially if the negative feedback involves the supervisory relationship or supervisee's professional behavior

Important to address skills *and* relationships

- Name the difficulty immediately
- Discuss without shaming
- Attune to developmental and relational needs of the supervisee
- Provide support
- Anticipate potential difficulties, and address them early
- Acknowledge your own mistakes
- Remain patient and transparent

GRANT, J., SCHIFF, M. J., & CRAYFORD, S. (2012). MANAGING DIFFICULTIES IN SUPERVISION: SUPERVISORS' PERSPECTIVES. JOURNAL OF COACHING PSYCHOLOGY, 10(4), 528-541. DOI: 10.1080/15457330.2012.700000

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Helping Marginal Students Improve

- Regular feedback
- Directive style of supervision
- Supervisor-generated data
- Joint planning
- Role playing
- Demonstration therapy
- Structured observations
- Remediation/coaching/improvement plans
- Written supervisory contracts
- Videotaping

SHAPIRO, D. A., OLETTRE, E. T., & BROTHERTON, W. D. (2002). GRADUATE STUDENTS WITH MARGINAL ABILITIES IN COMMUNICATION SCIENCES AND DISORDERS: PREVALENCE, PROFILES, AND SOLUTIONS. JOURNAL OF COMMUNICATION DISORDERS, 35(5), 425-451. DOI: 10.1016/S0021-9894(02)00018-8

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Conflict Management

- Conflict distracts from patient care and has a negative effect on patient outcomes
- Conflict must be managed, rather than avoided
- Being open-mindedness to the ideas and perspectives of others promotes positive outcomes
- If the issue occurs once discuss the content of the issue; if it has occurred repeatedly, discuss the pattern of events.
- Have the discussion when you are able to think calmly and clearly
- Discussion in a private, preferably neutral, setting with enough protected time for the discussion
- Participants in the discussion should feel they have been treated fairly and with respect

OVERTON, A., & LINDLEY, A. (2013). CONFLICT MANAGEMENT: DIFFICULT CONVERSATIONS WITH DIFFICULT PEOPLE. COUNCIL ON COLLEGE AND POSTAL SUPERVISORY. (2013), 239-264. DOI: 10.1025/978110800728

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Common Errors in Conflict resolution

- Avoiding the issue
- Softening the message with compliments
- Using non-verbal "hints" or subtle comments to address the problem
- Blaming someone else for the decision/request you are making
- Judging/blaming
- Being too vague in your description of the problem

OVERTON, A., & LOWRY, A. (2013). CONFLICT MANAGEMENT: DIFFICULT CONVERSATIONS WITH DIFFICULT PEOPLE. CLINIC IN COLON AND RECTAL SURGERY, 20(04), 259-264. DOI: 10.1007/s00383-013-0672-8

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Difficult Conversations

- Define the problem
 - Begin with the facts from your perspective. Use "I" statements whenever possible.
 - Share appropriate/relevant information
 - Describe the gap between the expected and observed behavior
- Allow all parties to state their opinions and perspectives
 - Listen respectfully
 - Ask clarifying questions (without imposing your view)
 - Express empathy
 - Display active listening skills
- Brainstorm solutions and create a follow-up plan
 - Find commonality and acceptable compromises
 - Create an action plan that outlines who/what/when

OVERTON, A., & LOWRY, A. (2013). CONFLICT MANAGEMENT: DIFFICULT CONVERSATIONS WITH DIFFICULT PEOPLE. CLINIC IN COLON AND RECTAL SURGERY, 20(04), 259-264. DOI: 10.1007/s00383-013-0672-8

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If you think your CF is not going to make it

- If CF is terminated or if mentor will not verify successful completion, complete the online CF Mentor Verification page and provide documentation for the negative recommendation
 - Letter of explanation and supporting documentation
 - Signed Clinical Fellowship Report and Rating Form (must be shared with the CF)
 - May be asked to complete a CF Mentor Verification page
- The CF may complete a new CF or request an appeal

A GUIDE TO THE ANNA CLINICAL FELLOWSHIP EXPERIENCE (INCL) RETRIEVED JANUARY 18, 2020 FROM <https://www.anna.org/2017/07/27/anna-clinical-fellowship-program-2018/>

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Quick feedback and reflection

FEEDBACK

- Date
- Session (de-identified)
- Things I liked
- What I would like to see next time
- Suggestions to prepare for next time
- Other comments

SELF-REFLECTION

- Date
- Session (de-identified)
- Things I think went well
- Things that could have gone better
- Patient/family reactions to this interaction
- My plan for next time
- Things my supervisor could do to support me
- Other comments

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ASHA Resources for Supervision

Technical Report : Clinical Supervision in Speech-Language Pathology from the Ad Hoc Committee on Supervision in Speech-Language Pathology (<https://www.asha.org/policy/tr2008-00296.htm>)

ASHA Practice Portal: Clinical Education and Supervision (https://www.asha.org/PRPSpecificTopic.aspx?folderid=8589942113§ion=Key_Issues)

Frequently Asked Questions about Student Supervision (<https://www.asha.org/sl/supervisionfaq/>)

Special Interest Group 11, Administration and Supervision (<https://www.asha.org/sig/11/>)

ASHA's **FREE** continuing education courses about supervision (<https://www.asha.org/professional-development/supervision-courses/>)

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Continuum of Professional Behaviors A Tool for Development/Evaluation

| | Time Management | Dependability | Professionalism | Interpersonal Communication Skills | Clinical Reasoning and Problem Solving | Commitment to Advancing Knowledge | Response to Feedback | Stress Management |
|------------------|--|--|---|---|---|--|--|---|
| Emerging | <input type="checkbox"/> Evidences organization and preparation for clinical day <input type="checkbox"/> Efficiently uses unstructured time | <input type="checkbox"/> Demonstrates excellent attendance <input type="checkbox"/> Demonstrates punctuality <input type="checkbox"/> Completes assignments on time | <input type="checkbox"/> Abides by ASHA Code of Ethics <input type="checkbox"/> Abides by facility policies/ procedures <input type="checkbox"/> Dresses professionally <input type="checkbox"/> Demonstrates awareness of and sensitivity to societal and individual differences | <input type="checkbox"/> Interacts with socially acceptable eye contact and body language <input type="checkbox"/> Reads social cues appropriately | <input type="checkbox"/> Recognizes and identifies problems in the clinical process <input type="checkbox"/> Consults with others to identify problems and possible solutions | <input type="checkbox"/> Identifies need for further learning <input type="checkbox"/> Demonstrates a positive attitude toward learning | <input type="checkbox"/> Demonstrates active listening skills <input type="checkbox"/> Accepts feedback with a positive attitude | <input type="checkbox"/> Recognizes own stressors <input type="checkbox"/> Recognizes distress in others |
| Refining | <input type="checkbox"/> Manages schedule <input type="checkbox"/> Considers planning for upcoming events <input type="checkbox"/> Demonstrates flexibility | <input type="checkbox"/> Recognizes own limits in knowledge/skills <input type="checkbox"/> Follows through on commitments <input type="checkbox"/> Recognizes level of effort required for successful treatment | <input type="checkbox"/> Identifies positive role models <input type="checkbox"/> Shows consideration of and respect for individual and societal differences <input type="checkbox"/> Projects professional image <input type="checkbox"/> Recognizes value of professional meetings | <input type="checkbox"/> Uses judgment and sets limits in the time and place for topics of discussion <input type="checkbox"/> Actively participates in conversations in an appropriate manner | <input type="checkbox"/> States a problem clearly <input type="checkbox"/> Prioritizes problems <input type="checkbox"/> Identifies potential contributors to a problem <input type="checkbox"/> Poses solutions to problems <input type="checkbox"/> Identifies consequences of possible solutions | <input type="checkbox"/> Welcomes new learning opportunities <input type="checkbox"/> Consistently appears engaged and invested | <input type="checkbox"/> Seeks feedback <input type="checkbox"/> Implements changes in response to feedback | <input type="checkbox"/> Establishes outlets to relieve stress <input type="checkbox"/> Manages time and organizes tasks to minimize overall stress |
| Developed | <input type="checkbox"/> Sets priorities and adjusts as needed <input type="checkbox"/> Delegates tasks when appropriate <input type="checkbox"/> Exhibits ability to multi-task <input type="checkbox"/> Uses session time effectively | <input type="checkbox"/> Independently manages most daily tasks <input type="checkbox"/> Remains cognizant of client's overall success | <input type="checkbox"/> Demonstrates accountability for decisions <input type="checkbox"/> Exhibits openness to contradictory ideas <input type="checkbox"/> Daily performance elicits level of trust to allow independence <input type="checkbox"/> Recognizes speech/ language treatment as one aspect of client's life | <input type="checkbox"/> Tactfully communicates perceptions and opinions <input type="checkbox"/> Works cooperatively with others <input type="checkbox"/> Understands the value of collaboration | <input type="checkbox"/> Accepts responsibility to develop solutions <input type="checkbox"/> Implements solutions independently <input type="checkbox"/> Evaluates the effectiveness of solutions and outcomes | <input type="checkbox"/> Sets personal and professional goals <input type="checkbox"/> Takes initiative to direct own learning | <input type="checkbox"/> Continues to seek feedback <input type="checkbox"/> Develops plans of action in response to feedback <input type="checkbox"/> Reconciles differences in opinion regarding performance with maturity and sensitivity | <input type="checkbox"/> Responds calmly to urgent or unsettling situations <input type="checkbox"/> Maintains professional demeanor in all situations |

Developed by Lynn Drazinski & Elizabeth McKerlie (2009)

Available from: http://www.asha.org/events/convention/handouts/2009/0910_drazinski_lynn_2/